CLAIMS

- 1. A chain wheel part comprising a disk, a plurality of teeth on the disk, the teeth not extending to the perimeter of the disk, and a plurality of spines, the spines being positioned on or at least on some teeth and extending to or adjacent the periphery of the disk.
- 2. A chain wheel as claimed in claim 1, wherein the teeth are mounted on a central portion displaced from the plane of the disk and the spines are positioned on the outer most extremity of a tooth on which they are placed, the spine extending down a substantially outwardly facing face of a tooth, and across a peripheral area of the disk.